

RECOMMENDED VACCINATIONS FOR STUDENTS WHO LIVE ON CAMPUS

Washington State law requires community colleges to provide information on meningococcal disease, also known as meningitis, to students who are offered on-campus housing. College students, particularly those that live in residence halls, have a modestly increased risk of getting the disease. About 100 cases occur on college campuses in the U.S. each year, resulting in five to fifteen deaths. A meningococcal vaccine protects against four of the five most common types of the disease, which can result in serious or life-threatening illness. Vaccine protection lasts three to five years and can prevent 50-70% of cases on college campuses. Those students who will be attending college and living in close proximity to others should talk with a health care professional about obtaining the meningococcal vaccine prior to college entry.

For full protection, Shoreline Community College strongly recommends students receive the following vaccines:

- **Both standard meningitis and meningitis type B**
- **Measles, Mumps, and Rubella (MMR) series**
- **Tetanus booster**
- **Hepatitis B series**
- **Influenza**

For more information about meningococcal disease and the meningitis B outbreaks, visit the [Center for Disease Control and Prevention's \(CDC\) resources on meningococcal disease](#). For more information on the MMR Vaccine series, visit the [CDC's webpage here](#).

Many of these local pharmacies and clinics offer these vaccines and accept most insurances.

- **Safeway**
- **Rite-Aid**
- **Walgreens**
- **Fred Meyer**
- **ICHS Clinic**
- **Everett Clinic**
- **Swedish Edmonds**
- **UW Neighborhood Clinic**

You are encouraged to call ahead to confirm availability and ensure that your insurance is accepted.